

WHAT IS A CURSILLO WEEKEND?

Cursillo is a Spanish word meaning short course. A *Cursillo en Cristiandad* is a short course in Christian living. As a movement, it had its origin on the island of Majorca, Spain, in the late 1940's, as a means for reviving Christian commitment.

WHO MAY TAKE PART?

The Cursillo weekend is open to all emotionally mature and physically able adults: men and women, single and married, laity and clergy. Christians of all denominations are welcome.

WHAT CAN I EXPECT?

- An experience shared within a small, closely knit group representing a wide variety of expressions within a unique Christian community.
- An informal atmosphere in which spiritual growth is possible and attainable through both fellowship and trust.
- A way of spiritual renewal through a new approach to teachings, Sacraments, devotions, and ministry.
- An opportunity to renew and expand a base in the faith, from which action in the individual's church and everyday life is encouraged.
- A more precise focus on our responsibility and mission in our Christian walk through this life.
- A continuing support system to nurture one another as we work to renew all things through Christ.

The typical Cursillo weekend is attended by about 60 people. This includes both the 'candidates' and the serving 'team'.

The 'candidates' are people from all walks of life. Many are eager for the enriching experience while others are initially just curious. Some, perhaps, are even apprehensive. Cursillo tries to meet each individual's needs during the weekend.

The leaders of the 'team' are the Rector or Rectora (lay persons) and the Spiritual Directors (clergy). Others, who have already experienced the Cursillo weekend, share with you through talks, discussion, food preparation, music and prayer.

Some of the topics of the talks (Rollo) include *The Call to be Fully Human, Grace as a Relationship with God, The Lay Person as the Church in the World, Christian Community in Action, Leaders, The Christian Life, and Obstacles to Living the Christian Life.*

WHAT ABOUT WORSHIP?

Meditations, Eucharist and devotional periods are an integral part of the weekend. Our Secretariat leads weekends under the auspices of both the Episcopal and Roman Catholic Dioceses.

WHAT WILL I BE DOING ON THE WEEKEND?

- Listening to talks and participating in discussions.
- Reflecting on values and goals as a Christian.
- Communicating with God in prayer, both privately and with the entire community.
- Celebrating Christianity in joyful liturgies and song.
- Experiencing, in many ways, true Christian love and genuine Christian community.
- Learning new ways to express Christian values in the world.

WHAT IS EXPECTED OF ME?

To be open and willing to respond to what you experience, to share your feelings with others, and to allow them to share theirs with you.

To make a genuine effort to discover where you are and where you can grow.

To feel secure in the knowledge that you are accepted where you are and as you are.

To be curious and thirsty enough to acknowledge a need to commit a weekend of your life totally to Jesus Christ.

HOW MUCH DOES THE WEEKEND COST?

The current cost to attend a Cursillo weekend is \$275, including meals and lodging. Partial Scholarships are always available on request from the team/community.

DO I NEED A SPONSOR?

Every applicant must have a sponsor who has participated in a previous Cursillo weekend and has attended a sponsor's workshop. The sponsor provides encouragement and assistance in making the arrangements for transportation and other needs as they arise. The sponsor and a Priest, Pastor or Minister must sign your application.

WHERE CAN I GET AN APPLICATION?

If an application was not enclosed with this pamphlet, contact either the person that gave you this brochure, your local Cursillo community via the web at: www.cantaelgallo.com/recursos.html, or one of the individuals listed on the back.

The application states: *Cursillo is an experience of Christian community, which celebrates the Gospel message in today's world. As the community forms, the focus is on you and your relationship to Christ and to others. It can be a demanding yet rewarding experience. Cursillo is not intended to provide treatment for personal problems or marital difficulties. Those who may be experiencing emotional crises should not attend a Cursillo until difficulties are resolved.*

WHERE DO I SEND MY APPLICATION?

Your sponsor can answer any questions you might have and may coach you in filling out your portion. When it is completed, give it to your sponsor.

Cursillo Contacts

SFSMCandidateApp@gmail.com

Spiritual Director Liaison:

Awaiting New Assignment

Prayers Welcome

Fr. Marty Mager (RC)

(650) 851-6133

mmager@woodsidepriory.com

SF/SM Cursillo Schedule

Men's:

To Be Determined

Women's:

November 13-16, 2025
Jocelyn Perlow, Rectora

*For exact dates,
visit the 'Team Pages' at
www.cantaelgallo.com*

Cursillo

A SHORT COURSE IN CHRISTIAN LIVING

**San Francisco/San Mateo
Cursillo Secretariat
P.O. Box 5615
San Mateo, CA
94401**

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