

San Francisco/San Mateo Cursillo Secretariat

Fourth Day Packet

Insert Team Logo Graphic

Edited for

Cursillo #xxx

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# THEME SONG

Insert Lyrics

# DE COLORES

(Colores \* Bright with Colors)

De Colores came to the Americas from central Spain in the sixteenth century and is now sung all over the Spanish-speaking world on special occasions and celebrations. It is also the anthem of the United Farm workers of America, a union founded by Cesar Chavez, most of whose members are Spanish-speaking. People hold hands and sway while singing this beautiful song.

|  |  |
| --- | --- |
| **De colores,**  | Bright with colors,  |
| **de colores se visten los campos**  | bright with colors the mountains and valleys  |
| **en la primavera.**  | dress up in the springtime.  |
| **De colores,**  | Bright with colors,  |
| **de colores son los pajaritos que**  | bright with colors all the little birds  |
| **vienen de afuera.**  | fill the skies in the daytime.  |
| **De colores,**  | Bright with colors,  |
| **de colores es el arco iris**  | bright with colors the rainbow brings joy  |
| **que vemos lucir.**  | with the glory of spring.  |
|  |   |
| **Y por eso los grandes amores** | And a bright love with colors |
| **de muchos colores** | has found us with peace all around us |
| **me gustan a mi.(cantar dos yeses)** | that makes our hearts sing. (sing twice) |
|  |   |
| **Canta el gallo, canta el gallo con el** | Hear the rooster, hear the rooster singing his |
| **kiri, kiri, kiri, kiri, kiri.** | kiri, kiri, kiri, kiri, kiri. |
| **La gallina, la gallina con el** | In the morning, In the morning the hen sings her |
| **cara, cara, cara, cara, cara.** | cara, cara, cara, cara, cara. |
| **Los pollelos, los pollelos con el** | All day singing, baby chicks all day singing their |
| **pio, pio, pio, pio, pi.** | pio, pio, pio, pio, pi. |
|  |   |
| **Y por eso los grandes amores** | And a bright love with colors |
| **de muchos colores** | has found us with peace all around us |
| **me gustan a mi.(cantar dos yeses)** | that makes our hearts sing. (sing twice) |
| **Viva!** | Viva! |

# LAS MANANITAS

*Las Mananitas is a folk song which is traditionally sung on a person's Birthday or Saint's Day. In the Cursillo tradition it is sung as an early morning serenade on the last day of a Cursillo Weekend, as we look forward to the Fourth Day.*

|  |
| --- |
| **How beautiful is this morning,****And our hearts are light and gay,****We sing God’s song of blessing,****And awaken you today.****Chorus:** **The sun is now appearing,** **And as day begins anew;** **Arise now and greet the morning,** **That dawns with joy for you.****How blessed was your birthday,****All the flowers bloomed everywhere.****As baptismal waters flowed,****All the saints were singing there.****Chorus:****How I wish I were St. Peter,****How I wish I were St. John,****As we sing our song of love,****To you in the early dawn.****Chorus:****For the moon I'd give a peso, For the sun I'd give a dime, But for my friend in Jesus My life and heart are thine.****Chorus:****So many stars in the heavens,****All I need are two for you.****One to greet you in the morning,****And the other to say adieu.****Chorus:****All around the flowers are blooming,****As we’re coming here to sing;****To make your life De Colores,****For true happiness we bring.****Chorus:** |

|  |
| --- |
| Que Linda esta la manana,En que vengo a saludarte;Venimos todos con gusto,Y placer a felicitarte. Coro Ya viene amaneciendo,  Ya la luz del dia nos dio;  Levantate de manana,  Mira que ya amanecio. El dia en que to naciste,acieron todas las flores,En la pila del bautismo, Cantaron los ruisenores. Coro:Quisiera ser un San Pedro, Quisiera ser un San Juan, Pa'darte los buenos dias, Con la musica del cielo.Coro:Por la luna doy un peso, Por el sol doy un toston, Pero por mi amigo La vida y el corazon Coro:De las estrellas del cielo, Tengo que bajarte dos, Una para saludarte, Y otra pa' decirte adios. Coro:Volaron cuatro palomas, Por toditas las ciudades, Hoy por ser de tu santo, Te deseamos felicidades. Coro:  |

# THE CURSILLO MOVEMENT

To explain Cursillo to someone who has never experienced Cursillo is at best, difficult.  Often, for those who have experienced Cursillo it is still somewhat mystifying.  This is not because the Cursillo Movement is a "secret" organization.  The reason behind the mystery is God.  No one can fully explain how God touches each person in His special/unique way throughout the various elements of the Cursillo Movement.  This booklet cannot explain the mystery of God.  The booklet will; however, attempt to explain the human aspect behind the Cursillo Movement.

The Cursillo Movement can assist each of us in developing a deeper understanding of what it means to be Christian.

## THE HISTORY OF THE MOVEMENT

The Cursillo Movement is a movement of the Church. The name Cursillo is Spanish, meaning short course and is often associated with a 3-Day weekend - which is only one aspect of the Cursillo Movement. The proper name is Cursillo de Cristiandad (short course of Christianity). There is much more to the Cursillo Movement than just a 3-Day weekend.

This Movement evolved from Spain, where it got its origin, in the 1940s. The Cursillo Movement did not develop by accident. It began when a group of men dedicated themselves to bringing the young men of their city of Mallorca, Spain, to know Christ better. It developed as they prayed and worked together; it developed as they talked together, sharing their thoughts about the state of the world and the effectiveness of their efforts to bring the light of Christ to it. On the natural level alone the story of the Cursillo Movement is exciting. It's a story filled with the adventure of new discoveries and works of outstanding dedication, tragic misunderstandings and setbacks, as well as impressive patience. These young men and the clergy who supported them endured many unpromising situations in the faith that God would work.

But it is even more an exciting story on the spiritual level. It is the story of how God taught a group of men how to work for Him in an effective way, a way that bears fruit. In the late 1940s the first Cursillo was given and the Cursillo Movement began. Those who make Cursillo's today would find much of the first Cursillo familiar. The Cursillo has been refined and changed somewhat, but today's Cursillo weekend remains basically the same as those first Cursillo's.

It was, however, no accident that the first Cursillo was so fully formed that a movement could begin from that date. The first Cursillo was neither a lucky accident nor a blueprint, which came directly from heaven, but grew out of a process of development. Nor were the first leaders just a chance collection of men. They had been working together for some time trying to bring men to Christ so they could work together to Christianize the world.

But the Cursillo, on the other hand, was not just a well worked out human product. It grew in the climate of spiritual renewal. Men of prayer who were seeking to serve the Lord developed it. It was formed by the inspiration of the Holy Spirit working in men who had dedicated themselves to bringing others to knowledge of Christ.

At first the Cursillo's were just "little courses" (little course is the literal meaning of the Spanish word - Cursillo), which were given by the diocesan council of the young men's branch of Catholic Action. They were given to members of Catholic Action groups as a way of forming them so they could become effective apostles.

The first Cursillo in the United States was held in Waco, Texas, in 1957. The key figures in the beginning were Father Gabriel Fernandez and two airmen from Spain, Bernardo Vadell and Agustin Palomino, who were training with the United States Air Force. Father Gabriel had arrived in Waco in 1955 from Spain where he had made his three days under two of the founders of the movement, Father Juan Capo and Eduardo Bonnin (see below in the more romantic version). The priest and the airmen were responsible for putting on the first two weekends in Waco.

Airmen Vadell and Palomino were transferred to Mission, Texas, just after they had completed the second weekend in Waco. By late 1957 the traveling airmen had put on the first weekend in Mission. In 1958 they started a center in Laredo, Texas, and soon after, the movement was introduced in Corpus Christi.

In 1959, the Cursillo spread throughout Texas and to Phoenix, Arizona. In August of that year the first national convention of spiritual directors was held, and Ultreya magazine began publication. In 1960, the growth of the Cursillo quickened in the Southwest, and weekends were held for the first time in the East in New York City and Lorain, Ohio.

Until 1961, all weekends were held in Spanish. That year the first English-speaking weekend was held in San Angelo, Texas. Also in 1961, first weekends were held in San Francisco, California; Gary, Indiana; Lansing, Michigan; and Gallup, New Mexico. By 1962, twenty-five more English-speaking weekends had been held. Today it is a worldwide movement.

The Cursillo Movement in the United States was organized on a national basis in 1965. At this meeting a National Secretariat was organized, and a National Cursillo Office (currently in Dallas, Texas) was established, http://www.natl-cursillo.org/. There is also a National Episcopal Cursillo Office near Washington, D.C. http://www.episcopalcursillo.org/.

The San Francisco/San Mateo Secretariat Cursillos are organized separately for men and women. Other areas offer Cursillos that are co-ed, or for couples.

The San Francisco/San Mateo Cursillo Secretariat has a website [www.bayareacursillo.org](http://www.bayareacursillo.org). Contributions of writings, announcements, prayer requests and suggestions are always welcome.

## ****WHAT IS THE CURSILLO MOVEMENT?****

Cursillo literature cites several different definitions for the purpose of the Cursillo Movement.  This is due, in part, to the fact that the purpose of Cursillo is multi-faceted.  No one definition can truly explain what Cursillo is.  However, all the definitions can give a much richer meaning to the purpose of Cursillo.

•  One definition states: "The purpose (or goal) of the Movement is to make Christian community possible in neighborhoods, parishes, work situations and other places where people live the greater part of their lives. It makes possible for anyone in the world to live a Christian life in a natural way."

•  Another definition lists the purpose of the Cursillo Movement as: "The leavening of environments with the Gospel."  In other words, changing the places we spend time by being Christ like in our thoughts, words, and actions.

•  Still another definition states: "Since it is a movement of the Church, the Cursillo Movement has the same apostolic purpose as the Church herself.  And the Church, as Pope Paul VI told us, exists to evangelize."

•  There is yet another definition that describes the purpose as such: "The Cursillo Movement is a movement of the Church which by means of its own method makes it possible for people to live what is fundamental for being a Christian, and to live it together; it helps people discover and fulfill their personal vocations, and it promotes the creation of core groups of Christians who leaven their environments with the Gospel."

While the wording of these definitions may differ, their ideas are the same.  The Cursillo Movement is focused to help each of us fulfill our baptismal responsibility: to go forth, as apostles, and proclaim the Gospel.  We can no longer afford to sit passively by and "hope" that the world comes to know Christ.  We must make a conscientious effort to "tell" the world about Christ.  The Cursillo Movement provides us with the necessary tools for fulfilling our baptismal responsibility along with the training for using those tools.

In determining the purpose of the Cursillo Movement, it is important that we focus on two important aspects.  The first aspect: We are communal people.  The second aspect: We are teamwork people.

### WE ARE COMMUNAL PEOPLE

By our very makeup (which was conceived by God), we need relationships (interaction of two or more persons).  Our growth from newborn to adulthood is filled with relationships in school, families, Church, work, etc.  Neighborhoods can also provide various opportunities for relationships.  Social/Civic/Political involvement(s) most definitely depend upon relationships.  Therefore, it is part of our nature to be part of various communities in our everyday life.

### WE ARE A TEAMWORK PEOPLE

Early in our youth, many of us came to understand the value of teamwork.  Even if one was not involved in a formalized sports program, most were involved in some form of team competition during P.E. at school. We also learned the value of studying together in an attempt to improve our grades.

For those that serve (or have served) in the military, they realize that the purpose of Basic Training is to de-emphasize the individual and emphasize the team.  Besides all these examples of teamwork, Christ gave us the encouragement to work as a team: "Again, [amen,] I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly Father.  For where two or three are gathered together in my name, there am I in the midst of them." (Matthew 18: 19-20).

### DURING THE CURSILLO WEEKEND

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#### THURSDAY NIGHT

This is a time to get to know each other and to have an overview of the Cursillo Weekend.  This is also the retreat phase of the Cursillo Weekend, which is designed "To awaken the moral consciences of the participants, beginning with an analysis of their own lives and causing them to desire to encounter God."  The retreat phase includes three meditations: 1) Know Yourself, 2) The Prodigal Son, and 3) The Three Glances of Christ (this is given Friday morning).

#### FRIDAY - The Day of Faith

The focus of Friday should be to help each participant to have a better understanding of themselves. Friday should help them discover what motivates them in different situations.

During this day the participants will hear five rollos. While the presentations provide the participants with information and witnessed experiences, it is the table discussions that prove to be one of the real dynamics of the Weekend.  The sharing, which takes place during the table discussions, provides the participants with an opportunity to share their own insights about the rollo.  Furthermore, the participants have the opportunity to hear how other participants perceived that same rollo.
The participants will have an opportunity to graphically illustrate their ideas of the rollos and table discussions.  That evening, each table group will share their summaries illustrations with the other participants and team members.

#### SATURDAY - The Day of Love

The focus for Saturday is to combine that fully realized self (that they learned about Friday) with a wonderful and loving God. Saturday helps the participants to understand the current relationship that they have with God and should spawn a desire for a still deeper and fuller relationship with God.

The schedule for Saturday follows the same format as Friday with 5 rollos.

#### SUNDAY

The focus for Sunday is the understanding of ourselves, our relationship with God, and how we can help Him fulfill His Will through us.  We learn what environments we belong to and how we can affect those environments.

The same format is used on Sunday.

Sunday afternoon at the Clausura (Closing), the participants come face to face with the larger Cursillo Community that has been so supportive during the entire weekend.  It is during this meeting that the participants enter this Cursillo Community.

### AFTER THE CURSILLO WEEKEND

The Cursillo Movement realizes that it will not be an easy task for us to try to bring Christ to our environments.  Therefore, the Cursillo Movement has two very important tools to assist each of us.  These tools are Group Reunion (4th Day Groups) and the Ultreya.

#### GROUP REUNION

The Group Reunion is a small group of Cursillo friends that meet on a regular basis.  The purpose of this meeting is to share with one another the growth that has taken place within each of us. We share our spiritual growth as well as our growth in becoming a person who strives to bring a Christ-like attitude to our environments.  This meeting is referred to as a 4th Day Group.

As we make attempts to bring Christ into our various environments, we will sometimes become frustrated.  The group reunion also provides the continual support we need in order to persevere as a part of God's plan.

#### ULTREYA

The (team) Ultreya is a reunion celebration shared by both the women’s and men’s Cursillo weekends and is usually held just a few weeks after the second weekend of the season is completed. Teams, New Cursillistas and their families, as well as other Cursillistas in the community are welcome to attend.

The Grand Ultreya (Spanish word meaning Onward) is the held for the larger Cursillo community.  It is the time for the members of the Group Reunions to meet with members of other Group Reunions.  The Ultreya is also beneficial in providing the support and encouragement that each of us needs.

### PENETRATING ENVIRONMENTS

The Cursillo Movement helps each of us to understand what our various environments are.  Furthermore, it helps us develop a plan to change those environments.

### THINGS TO REMEMBER

Cursillo is a way to help people live their life as Christians.

Cursillo offers a method for sustaining Christians as they struggle \*being Christian" in daily living in the world.

First and foremost, Cursillo is small groups of people sharing their lives in Christ and aiding each other in a world that does not appear to care about Him. These groups help and motivate their members to grow and to share their Christian life with the group and with others.

### WHAT CURSILLO IS NOT

It is not some sort of secret society or fraternity or a special “church within a church.”

It is not something outside of the church or a program to evangelize non‑believers.

It is not a “feel good" weekend of group therapy or anything similar.

It is an experience in Christian community, which should be lived because you need that in your life, not because someone else had a great time.

Cursillo is a demanding and rewarding experience but is not intended to provide treatment for personal or marital problems. One should not experience Cursillo until such difficulties are resolved.

### WHAT CURSILLO DOES

Cursillo finds people who are struggling to live a Christian life and who are open to God’s spirit leading them and invites them to a weekend to think about what it means to be a Christian and to experience a model Christian community.

Through talks singing, meditations, and small group discussions, people find the reality and richness of their faith and begin to find what their faith calls them to do.

When the weekend is over, Cursillo really begins. The participants go back into the world and find or create small groups to meet together regularly to pray, to review how they are doing and to support each other in what they are doing.

This "Fourth Day" of a three-day weekend is the rest of your life, walking with each other and with Christ.

### CONCLUSION

We, as laity in the Church, can no longer take our role lightly.  The future of our society is in our hands.  We must realize that we, as individuals, can have a great impact on our society.  More importantly, we can have an even greater impact when we find other individuals that are ready and able to accept the challenge.

Let us strive to be Christ-like.  He chose individuals to become "fishers of men."  Should we do any less?

##

## QUESTIONS COMMONLY ASKED BY NEW CURSILLISTAS

Q. WHAT IS THE HISTORY OF THE CURSILLO MOVEMENT?

A. The Cursillo movement was founded in the late 1940's in Majorca, Spain, by a Roman Catholic bishop and a few of his followers who felt that the structure and ceremony of the Church were interfering with men’s understanding and practice of Christ's simple message. It was originally designed to place "reactivated Christian men" back into parish life. Later, the movement was opened up to embrace women. A group of Spanish Air Force officers, in the U.S. on a training assignment, first brought Cursillo to this country during‑ the 1950's.

Q. WHAT ARE THE MAIN PARTS OF A CURSILLO WEEKEND?

A. Pre-Cursillo includes the period prior to the weekend when sponsors choose candidates to attend, and to provide them with a brief orientation as to what the weekend will consist of.

B. Cursillo refers to the three‑day Cursillo proper and to the many activities of the supporting community, which truly makes the Cursillo weekend an experience in Christian love.

C. Fourth Day refers to the 'projection' of Cursillistas back into their own environment, hopefully filled with "renewed enthusiasm and love” so that they can help to Christianize their environment. It also includes certain support systems, which the Cursillo movement provides to assist the Cursillista in the daily struggle of living the Christian life. One of these is the Fourth Day group.

## CURSILLO TERMS

**CURSILLO** ‑ (most often pronounced ker‑SEE‑yo, but more correctly coor‑SEE-yo) Cursillo means a "short course" in Christianity. To "experience" a Cursillo is to share your Christian life with others ‑ to open your life, to see beyond the present. You can only experience a Cursillo one time, but you are allowed to ‑serve as a member of a team. Similar movements are Emmaus, Via de Cristo, and Tres Dias, to name a few.

Pronunciation tip #1: Spanish vowels are a,e,i,ou,y and are pronounced respectively and consistently as: ah, ay, ee, oh, oo, ee. There are exceptions. "Rollo” is one. Pronunciation tip #2: "r" is pronounced with accompanied with a "d" sound, not the traditional English way of pronouncing‑ Of course, this is difficult to explain in writing! The 'rr," double r is like "RRRRRuffles have RRRRRidges!"

**DE COLORES** ‑ (day coh‑LOH‑res) "The colors' or "Many colors" ‑ a rainbow, a beauty in your soul. When you say 'De Colores" to someone, you are saying that you think that person is in grace with God. De Colores becomes a way of life. The song we sing is a love song. In Mexico, kindergarten children learn this song. How beautiful to make your life De Colores. The song is also referred to as the 'Cursillo National Anthem."

**CURSILLISTA** ‑ (coor‑see‑YEES‑tah) A cursillista is a person who has made a Cursillo.

**PALANCA** ‑(pah‑LAHN‑kah) Not to be confused with polenta, an Italian corn meal dish, nor Paul Anka, a Canadian singer‑songwriter, palanca comes from the Spanish word "apalancar\* (ah‑pah‑lahn‑CAR) which means "to lean" or "to be a lever.' a lever can be used to lift or move something heavier than the one trying to do the lifting or moving. It enables us to move more than we ever thought possible. In Cursillo, our lever ‑ our palanca ‑ is prayer and sacrifice. Palanca is also a gift freely given with no strings attached. God's grace is Palanca. The greatest example of palanca was Jesus himself. His life was filled with acts of giving Himself to others, to lift them up, to help them become more than they had ever dreamed or imagined. His greatest palanca was when He died for us.

Palanca can take many forms ‑ of gift, prayer, and sacrifice ‑ and may be personal (directed to a single candidate) or general (directed to the entire group of candidates). In gift form, palanca is first given to the candidates as they make Cursillo. It is an offering of love. Hopefully, during the weekend, palanca will move the Spirit within the candidate.

**ROLLO** ‑ (ROY‑oh) Rollo comes from the Spanish word "arrollo" which literally means a scroll. To give a Rollo is to unfold the scroll of your life, your Christian being.

**AGAPE** ‑ A Latin word (AH‑gah‑pay) which means 'Christian Love." An Agape service is simply the sharing of bread and wine with those you love as the early Christians did.

**MANANITAS** ‑ (mah‑nyah‑NEE‑tahs) Mananitas is the morning greeting for special occasions such as baptisms and birthdays. Many Spanish‑speaking people have the custom of Gathering around the bed of a person on his birthday and awakening them with the morning song ‑ the birthday song. In Cursillo, mananitas celebrates today, your rebirth, the first day of the rest of your life.

**CLAUSURA** – (KLAW-sir-rah) Clausura is the closing of the Cursillo weekend ‑ a celebration.

**TRIPOD** ‑ The rollos of Piety, Study, and Action form the tripod. To live a fully Christian life, these must be part of your life in equivalent amounts.

**ULTREYA** ‑ (ool‑TRAY‑yah) Ultreya is a cry of 'Onward!" It is also a gathering of group reunions or a reunion of Cursillo weekends.

**CORE TEAM** ‑ The core team is composed of the Rector (on women's weekends, the Rectora), the Assistant Rector(a), the Head Cook and his Assistants, the Spiritual Directors (both Roman and Anglican), the Music Director, and the MOSSAF (Minister of Safety, Security, and Facility.)

The Core Team is chosen by the Rector (the Assistant Head Cook(s) can be selected by the Head Cook.) and has the responsibility of assisting in the choosing of the team, planning, team, meetings, and generally providing support and guidance during team formation and on the Cursillo weekend for both the team and the candidates.

**TEAM FORMATION** ‑ Team Formation refers to the months prior to the Cursillo weekend during which team members explore their own and make plans for the Cursillo weekend. It should be a period of growth and sharing.

**TABLE LEADERS** ‑ Table leaders are assigned to the Rollo room and are primarily responsible for facilitating the discussion among the candidates. They have the responsibility of assisting the candidates in their spiritual growth and renewal throughout the weekend. They also support the Cooks.

**COOKS** ‑ Cooks have the primary responsibility of caring for the physical and spiritual needs of the candidates and the team. They are the spiritual core of the weekend. They cook, sing, clean, play, and most importantly, pray for both the candidates and other team members throughout the weekend.

# THE FOURTH DAY

*Fourth Day First*

*by Jerry Rowe*

Well, as promised, here are my thoughts about how to keep a 4DG active and meaningful.

To keep a 4DG active, you need to be a dedicated phone-caller. You’ve got to call people and remind 'em of meetings and what-not 'cuz people are busy and, if they're not constantly reminded of what's important in their lives, they'll fill it up with other stuff instead. How many of us, when we first heard of the Cursillo Weekend, said, "Oh yeah, I wanna go! I wanna see Jesus! I wanna experience unconditional love from people other than my blood relatives!" If you're a guy, my guess is NONE. If you're a gal, my guess is FEW. Well, the same goes for 4DG's - people need reminding and cajoling and sometimes pleading.

To keep a 4DG meaningful, you need to tap into what's meaningful to you. For instance, a good Cursillista friend of mine mentioned the AA rules of meetings, like no cross talk, no back talk, no advice unless asked for, staying on topic, and adding constructive and enlightening comments. Some more rules would involve listening attentively and experiencing periods of quiet reflection. One foundation of every 4DG is prayerful reflection because it's through our various 4DG's that we live the Cursillo Tripod of Piety, Study, and Action.

A good discussion topic also makes meetings meaningful. A favorite topic of mine is simply "Tell me about either the presence or absence of Jesus in your life since we last met." Topics can be as timely and as controversial as the evening news, but they should focus on our mutual spirituality. The discussion can also be a springboard to Action, which seems to be the most difficult leg of the Tripod to build. However, prayer and like-minded Cursillistas can eventually overcome any obstacle to living the Christian Life (wow, sounds like a Rollo).

*De Colores! And may the peace of the Lord be with you always -Jerry Rowe (RIP)*

### GROUP REUNION

#### Preamble

Jesus said, "When two or three are gathered together for my sake, there I am in the midst of them."

We are called to the Cursillo to develop Group Reunions. As Eduardo Bonnin, one of the founders of the Cursillo Movement said, "We must bear in mind that Group Reunions are not held so that there may be people to attend Cursillo, but the Cursillos are held so that there are people to make a Group Reunion."

#### Purpose/Goal

The real gift of Cursillo is Group Reunion, which emphasizes the value of personal contact and sharing with other Christians after the weekend. The purpose of a Group Reunion is to help each one in it to reach his or her full potential in Christ. In the company of sympathetic, caring, loving people we are able to share and talk about our hang-ups and fears as well as our hopes and dreams.

#### General Characteristics Of a Group

1. **Size*:***
Three to five people is ideal. A group works best when it is made up of people who are already friends, or who want to be friends.
2. **Regularity:**
Weekly group reunion assures continuity and steady progress in Christian growth. First, there is personal growth, which is discovering who you are - your unique gifts, strengths and weaknesses, your spiritual and intellectual formation into a whole person. Second, there is group building, becoming members of a team. A group does not become a group just by sitting down together to talk. It takes time and it takes caring, sharing, forgiving, and affirming. Third, there is individual and collective action.
3. **Seriousness*:***
Meeting and sharing is of great importance to each member in fulfilling his or her vocation. Essential to living the group reunion is the desire to be a saint and an apostle. Saints are people who know God's love and grace, and who live their lives from this relationship. Apostles are saints who have a mission to share that same knowledge with others.
4. **Sincerity:**
Each member seeks to build authentic relationships by being open and honest. It is important that each person does some history-giving. This means giving each person a chance to share personal concerns, fears, significant events, places, and people in his or her life, as well as present hurts and joys. Affirmation grows out of this sharing, and the members respond as a community of love, trust and acceptance to the particular needs that are brought out in the sharing.
5. **Discretion:**
Whatever is shared in the group must be kept in confidence.
6. **Leading:**
No one in the group is the leader; each person contributes and takes responsibility for the life of the group.

### The Order Of Group Reunion

Group Reunion opens and closes with prayer. The Group Reunion card is the guide to a successful Group Reunion.

Each item in Piety, Study and Action should be taken separately. Unless the items are taken one at a time, the reunion will become mechanical. By following the Rule of Life, one should grow in depth of spirituality.

### *A SUGGESTED GUIDE FOR RENEWAL MEETINGS/ GROUP REUNIONS*

#### PRAYER FOR THE GIFT OF THE HOLY SPIRIT

Come Holy Spirit, fill the hearts of your faithful and kindle in us the fire of your love.

Send forth your Spirit and we shall be created, and you shall renew the face of the face of the earth.

O God, who by the Light of the Holy Spirit did instruct the hearts of the faithful; grant that by the same Spirit we may be truly wise and ever enjoy His Consolations, through Jesus Christ, our Lord; Amen

 Then may follow:

* a reading
* a meditation
* reflections on Christian Life
* special prayers of the group
* The Lord's Prayer

####

#### REFLECTIONS ON THE CHRISTIAN LIFE

PIETY: When have I been especially close to Christ or aware of His Presence in Church, at home, in the world, or alone?

STUDY: What have I studied that has increased my understanding of my faith, the bible, or other religious books, lectures, nature, people, etc.?

ACTION: What have I done as an apostle of the Lord to share Christ with the world, in family, at work, in my parish, the community?

#### WHAT ARE MY PLANS FOR NEXT WEEK?

#### A CLOSING PRAYER

Direct us, O Lord, in all our doings, with Your grace and help us each day and in all that we do that we may glorify Your Holy Name, and finally by Your mercy and love, obtain everlasting life, through Jesus Christ our Lord. Amen.

#### Guidelines For Effective Sharing

There are three levels of sharing:

1. Mouth to mouth sharing is simply conversational doodling.
2. Head-to-head sharing is more serious in that it is exchanging ideas and concepts, but the exchange is strictly of ideas, detached from the person.
3. Heart to heart sharing lets the other person know where you stand in relation to ideas and how you feel about them; it is the communing from which community is born.

When one person in a group takes that leap of faith and lets the others in on his or her life, the group is under a real obligation as the Body of Christ to be ministering servants to that person.

Don't interrupt. Our greatest gift is to listen, and this could be all the person wants or needs.

Don't probe. There is a thin line between listening and probing. To listen is to enable a person to say all that he or she wants to say. To probe is to make a person share what he or she does not want to share.

Don't give advice. If someone in the group has had a similar experience, he or she can share the experience without telling the other person what to do.

Don't judge. We are all different. Some sensitive areas of disagreement in lifestyle, theology and outlook will arise. Love will be put to the test in accepting people where they are and for what they believe.

Remember, to be an enabler means to call forth the best in another person, to see the best in him or her.

Sometimes Group Reunions do not work out, and it may be necessary to move on. This should not be considered a failure. Group Reunions do not last forever; they change and grow, just as people do.

#### Conclusion

The Group Reunion provides the forum and the impetus to actively engage in Piety, Study and Action in a Cursillistas everyday life. We will never outgrow our need for Group Reunion, be-cause we need to share our Christian life deeply in order to keep it growing. The Group Reunions are done for Jesus' sake. He is present at them, and they should be done prayerfully that we might know, love, and serve Him better.

## PALANCA

Palanca comes from a Spanish word, translated as "lever". A lever is used to lift or move something heavier than the one trying to do the lifting or moving. It enables us to do more than we thought could be done.

In Cursillo, our lever ‑ Palanca ‑ is prayer and sacrifice. Palanca is a gift freely given with no strings attached. God's Grace is Palanca ‑ a gift freely, given with no strings attached! The Christian's response ‑ receiving this gift of Grace and transforming faith in action – is Palanca.

The greatest example of Palanca was Christ Himself. His life was filled with acts of giving Himself for Others, to lift them up, to help them become more than they had imagined His greatest Palanca was on Good Friday when He gave Himself totally, completely and fully for each of us.

Throughout the Cursillo weekend, the Christian community offers prayers, sacrifices, and works of mercy for the candidates and team that they grow more in God's Love and be open to His Truth and Grace. This Palanca is a sign of God's Grace reflected through others, the prayer and sacrifice for them is the community's faith in action.

### Forms of Palanca Expression

Each of us has different gifts. Perhaps Palanca, then, is to acknowledge these gifts and use them in the service and support of others making the incredible Cursillo journey. The following are some of the many forms of Palanca:

**Prayer Vigil:** Usually ongoing from Thursday evening through Sunday. We can sign up for one hour to pray for the Cursillo candidates and team. Contact the Palanca Angel or Rector/a on the team a few weeks before the Cursillo weekend.

**Posters:** Posters may be done individually or by a group, with a Cursillo message. It is well to keep in mind the spiritual and sacrificial aspect of Palanca as we create the posters.

**Cards:** Cards to team members, as well as candidates, are a great support. The Palanca, person on the team will try to deliver the cards on a specific day if you write it on the outside of the envelope.

**Individual Palanca:** (i.e., gifts for the candidates) Generally speaking, it is the Secretariat’s policy that no gifts be given to the candidates. Please save them until after Clausura or for their 4th Day. The intent of Cursillo is for each of us to support all of the candidates.

**General Bed Palanca:** This is a powerful expression of our love for one another though we have never met. Bed Palanca may be as simple or as fancy as we wish: inspirational quotes, handmade items, etc. If we intend to include the team, prepare for 50 individuals. Again, the sooner this is delivered to the Palanca Room, the better.

**Sacrifice:** Small and large acts of' sacrifice are powerful witnesses. Some examples: a day of fasting, no smoking for the weekend, donating money and/or your time and energies to a worthy cause in honor of the Cursillo. These can be incorporated into a poster, put in a note addressed to the Rector/a, or in individual bed palanca.

**Food:** Contact the Head Cook of the team to see what he/she needs. Teams are able to keep costs low due to the generosity of various groups (4th Day) who donate full meals (preparation and food), snacks, treats, fruits, cheeses, water or soft drinks, or even paper goods or special diet needs. This will always be a most welcome gift!

**People Power:** The Palanca of your time and talents is a gift of no match. Every task you can do, no matter how small, is one more that the team doesn’t have to do. *Being present on Thursday afternoon to help transport/unload the items needed from the Storage (currently in Castro Valley, CA) (and the same is needed on Sunday afternoon to reload and return items to the storage facility) is an amazing gift!* Cleaning up for the team at the end of the Cursillo is one of the biggest blessings of Palanca. Many hands make light the work! Contact the Rector/a if you can volunteer.

**Final thought:** Palanca is the community's response to God's Grace in their lives. Because it is a response of faith, by its very nature, **Palanca Is a Spiritual Expression**.

### Palanca Links

*Shops listed here are for your convenience only and in no way indicate any official endorsement.  All business conducted with these vendors is private and between the buyer and seller only.  We cannot be held responsible for merchandise quality or fulfillment of any orders. [This list was last updated in 2023.]*

Autom – Inspiration Gifts since 1948 <http://www.autom.com/>

DeColores Rainbow Store – Christian and Cursillo related items - [decolores.com/store](http://decolores.com/store/)

National (Catholic) Cursillo – Visit their shopping site - [Shop Cursillo | National Cursillo (natl-cursillo.org)](https://www.natl-cursillo.org/shop/)

Palanca Gifts – [PalancaGifts.Com - Palanca Sets, Notecards, Bookmarks, Shirts, Totes and More!](http://www.palancagifts.com/)

Red Bubble – stickers, tshirts, and more - [Cursillo Gifts & Merchandise for Sale | Redbubble](https://www.redbubble.com/shop/cursillo)

The Rooster’s Store – a 4th day friendly site – [The Rooster's Store at SingstheRooster.com](https://www.singstherooster.com/SFNT.html)

You can also check out Etsy and Amazon – just search for Cursillo

### Praying the Prayer Vigil

Begin by asking God to clear your mind from all outside distractions. Place your thoughts and your spirit with the people and the event that you have come to him to bless. Be silent a few minutes and begin to feel His presence with you. Pray as if you are talking to your best friend... You are! Ask Him to bless with His spirit the buildings, the grounds and all things used to bring those present to an awareness of Him.

**Pray** for the Rector/Rectora, if not by name, by duty. They must walk in His spirit for anything they may be called upon to solve.

**Pray** for the Assistant Rector/Rectora in much the same way.

**Pray** for the Spiritual Directors that they may truly be an instrument of His spirit.

**Pray** for the Assistant Spiritual Directors in much the same way.

**Pray** for the Table Leaders that they may have the courage to keep the purity of the event and not let personalities keep them from doing what they promised God they would do.

**Pray** for the Speakers. Pray that they remember whom they represent, lay down self and glorify God.

**Pray** for the Rollos... for the message they give, for the giver and for those who hear, that they may hear according to their need.

**Pray** for: *Priorities and Ideals...Means of*

*Grace...Strength in Laity... Faith in God...*

*Life in Piety... Growth through Study, Understanding of the Sacraments... Christian Action... Obstacles to Grace... Discipleship...Changing Our World... Sanctifying Grace...Body of Christ... Perseverance...4th Day.*

**Pray** for the musicians, that their music may bring God's message and soothe troubled souls.

**Pray** for the candidates; the ones who can't leave their thoughts behind, the ones uneasy in that setting, the ones who can't sleep, the ones forced to come, the ones looking for magic not miracles, the ones who are open and receiving and for all conditions known only to God.

**Pray** for the fun and fellowship that it may warm hearts and keep focused on God.

**Pray** for the cooks and all who minister in unrecognized ways.

**Pray** for the palanca angels that they do not tire. Pray for renewed strength.

**Pray** for all of the agape gifts and palanca, for all the hands that made them and for the blessings that they bring.

**Pray** for the sponsors.

**Pray** for the special times-- Meditations, Agape, Las Mañanitas, Clausura and Ultreya.

**And lastly, give it all to our Lord and**

**Friend, who sees and knows, asking for His blessing and presence with everyone connected, not only those mentioned, but also Families and the changes in the church and community.**

**End by praising and thanking God for the opportunity He has given you to talk to Him on behalf of His children.**

**Amen.**

## SPONSOR'S GUIDELINES

Cursillo, for many, is, a **LIFE CHANGING EXPERIENCE**. Therefore, as a sponsor, it is important that you understand the seriousness of the commitment you are about to make.

Cursillo provides us with the opportunity to grow. It is NOT meant to solve problems which exist with us or with the relationships we have with other individuals. The weekend is NOT for everyone. The weekend is NOT a "conversion" experience in the normal sense of the word. It is NOT designed to convert nonbelievers to Christianity, NOR is it designed to solve emotional, mental, or medical problems.

It IS an invitation for people to walk in fellowship with those who work for the Holy Spirit in today's modern world, an experience in Christian Living. Therefore, it is VITAL that the candidate you have chosen to sponsor should, at a minimum, have a background of Christianity, and accept its basic beliefs.

IF, after reading to this point, you understand and accept the above, and are fully committed to assuming the responsibility of sponsorship, and, IF, your candidate has a background of Christianity and accepts its basic beliefs, then we invite you to review the additional responsibilities and guidelines which we have provided for guidance for both you and your candidate!

I. **SPONSOR'S RESPONSIBILITIES**

1. The sponsor should review and be completely familiar with those rules and guidelines that apply to applicants for a Cursillo weekend.
2. The sponsor should know the applicant well enough to be able to recommend the Cursillo experience to them, using the guidelines outlined above.
3. The sponsor should discuss completely the Cursillo process and the fact that Cursillo means 'A short course in Christianity", with the candidate, making certain that the candidate has a thorough understanding of what the general format of the weekend will be PRIOR to the candidate signing the application. And, in so doing, you DO NOT have to give away the SURPRISES of THE WEEKEND!
4. Once your candidate has been accepted, the sponsor assumes, responsibility as follows:
5. Make certain that the candidate has a ride to Cursillo.
6. Accepts the commitment to attend the sponsors meeting.
7. Provides continued support during the weekend, including aiding “at home”, if necessary, prayers, palanca and attendance of Manañitas and Clausura.
8. Make certain that the candidate has a ride home from the Cursillo.
9. Be very aware of the type of "home" situation to which the candidate is returning and assist in this immediate transition. For example, in the case of a single parent with children, prepare the children for the possible difference they may see in their parent, but, at the same time, do not alarm them.
10. If appropriate, arrange to take the candidate to a group function that will be celebrating the new Cursillistas, and welcoming them. But, here again, it is MOST IMPORTANT that you act appropriately for the candidate.
11. Suggest to the candidate who works that they take Monday off, if any way possible. Arrange to meet with your candidate some time on Monday. Be there to listen to them, to love them, to answer questions, to SUPPORT THEM!
12. Assist your candidate in "plugging" into both a church community and the Cursillo community at large. Make sure they are on the e-mail list for BARB Wire and know about the resources available at our web site. Continue to maintain contact with your candidate until such time as YOU feel confident that your candidate it comfortable with selected Fourth Day activities and support programs.
13. Since these responsibilities require considerable effort, you should sponsor no more than one candidate for any given Cursillo weekend.
14. If you wish to sponsor a candidate who lives out of your own geographical area, it is strongly recommended that you only do so with a co‑sponsor whom you know, and who has also read and accepted both the sponsor ' s guidelines and the sponsor 's responsibilities.

II. **CANDIDATES REQUIREMENTS**

1. Persons wishing to make Cursillo should read the application thoroughly, especially the beginning paragraphs. They should then COMPLETE the form, making certain to fill in all the blanks.
2. A Priest or minister WHO HAS AN UNDERSTANDING OF CURSILLO, and WHO HAS KNOWLEDGE OF THE APPLICANT AND HIS/HER UNDERSTANDING OF THE CURSILLO MUST sign the application. The priest or minister also assumes responsibility by signing the application.
3. The age requirement for applicants is 25 ‑ 65. Exceptions can be made only if the appropriate Secretariat approves.

## CURSILLO SPONSOR'S WORKSHOP –

**A GUIDE FOR SPONSORING A CANDIDATE**

### Overview

Sponsoring a candidate for a Cursillo is a commitment to the individual that extends far beyond the importance of the actual weekend. In this meeting, we will review the sponsor's role before, during and most importantly, after the actual Cursillo weekend. We will discuss your responsibilities as a sponsor and pass on ideas that have proven to help pave the way for a positive and faith‑filled experience.

### Selecting a Candidate to Sponsor

You need to wait six months after experiencing your own Cursillo weekend before you sponsor a candidate. This gives you time to reflect on your own weekend and to take an active role in your Fourth Day experience.

What to consider when you are thinking of sponsoring a candidate:

* Do you know your candidate well? The most successful sponsor relationship is one where the sponsor and the candidate have a solid relationship. If you are sponsoring someone who you are not very familiar with, spend time with that person discussing their faith journey and what they are hoping to gain through their participation in Cursillo."
* Does your candidate have a Christian foundation? Cursillo is intended to enrich or in some cases to revitalize a person's faith. It is not intended to teach Christian concepts or to convert individuals to Christianity.
* Is your candidate experiencing a recent stressful event such as a death of a spouse or loved one, a divorce or a job crisis? Cursillo can help individuals respond to life “events" in a, faith filled manner, however if the event is recent, the individual will not be able to fully experience all that Cursillo has to offer. Consider waiting until the crisis has passed and the individual has had time to deal with the situation.
* The suggested age range for a candidate is between 25 and 65 years old. This is not a set rule. Your, candidate needs to be mature, enough to participate in deep sharing with other individuals and be healthy enough to participate in a weekend that can be very draining.
* Does your candidate have a community to return to after the weekend? Remember that a community can be two people, you and your candidate. The candidate will benefit from participating in a faith community.

### What to do during the weekend

* Arrange for a quiet dinner with the candidate Thursday evening and get the candidate to the Cursillo location on time. Help the candidate get settled and leave promptly.
* Keep your candidate in your prayers all weekend.
* Attend the Manañitas at 6:00 a.m. Sunday morning and remember to bring flowers.
* Be at the Clausura on time on Sunday afternoon. Your candidate will want to see you when he/she joins the Cursillo community. Be sensitive to your candidate’s needs. Do they want to attend the large Clausura party, go to a quiet dinner with you or go home to the family?

### What to do after the weekend

* Recognize that your candidate may want to process his or her weekend in different ways. Be available to listen when your candidate asks to talk. Send palanca to your candidate after the weekend to assure him/her that you are there as a resource. Specific Fourth day responsibilities include:
* Attend the team-sponsored Bridge Meetings to acquaint the Cursillista with the concept of Fourth Day involvement. Help your candidate to get established in a‑Fourth Day Group. The post weekend sharing and the commitment of a Fourth Day Group will help your candidate integrate the Cursillo concepts into daily life.
* Review the Fourth Day packet with the Cursillista and attend all post‑Cursillo events, such as the Ultreya. Be the bridge for your candidate to the larger Cursillo community.
* Attend the next team's Manañitas with your Cursillista.

By following these recommendations when you sponsor a candidate, the Cursillo experience will be faith‑filled and rewarding for both the candidate and the sponsor.

## RESPONSIBLE SPONSORSHIP – A LOVE COMMITMENT

### Before the weekend:

* **Talk to God about your candidate…and talk to your candidate about God.**
* Review the format and facility basics with your candidate. Teach them the word “Cursillo” and its definition as a “short course” on Christian living. Talk about Rollos, small group sharing, meditations, and services. Advise them about the room situation, the shower situation, etc. Be honest (no starving)! Ask about diet & medication needs & be prepared to communicate them to the Team. **There is no reason not to share these basics; it will alleviate anxieties and help the candidate feel receptive to the experience.**
* Explain to your candidate about 4th day, bridge meetings, the Ultreya and other opportunities; allow them to plan their calendars and get excited to participate.
* Identify and plan to attend to any of the candidates’ family or home needs during the weekend – **pets, kids needing rides, expected or emergency calls, etc.** Encourage him/her to **take Monday off**.
* Prepare Palanca and solicit it from family and community. (Call it a Valentine, love-note, offer of prayer/good wishes.)
* Attend the Sponsors’ Meeting (about a week beforehand) and bring payment (or explain arrangements as you have made them with your candidate; the current fee for the weekend is $200). After that meeting, check-in with the candidate and ensure he/she has their packing list (and knows what to leave at home – watch, phone, valuables – remind them to trust it’s God’s time).
* If necessary, **bring in a co-sponsor, meet with the candidate together**, and establish a rapport.
* Arrange for transportation and dinner for your candidate on Thursday night of the weekend – **allow time for traffic and creating a peaceful transition into the weekend.**
* If there is a spouse or loved one that might be interested in attending, ensure they have an application and help with obtaining sponsorship.

### During the weekend:

* Deliver Palanca for your Candidate, and maybe some for his/her roommate, too!
* Pray, pray, pray….and sign up on the prayer chart for some time during the weekend, it’s a very powerful symbol.
* Make plans to attend the Sunday Manañitas service (Arrive by 5:45am) with flowers for the whole candidate group and invite the family to join in the closing Clausura party. No one wants to come into the party and not find a face they know in the crowd; be on time, early, or call the MOSSAF to advise! Also, plan to pick up your candidates’ belongings and load them into your car while you’re waiting for Clausura!

### After the weekend:

* Help your candidate transition home again on Sunday – dinner? Debrief? Prepare the family for a “difference” in their loved one?
* Keep in close contact with your Candidate, showing the same level of interest and concern as you did before their Cursillo. **Call and check in on Monday, don’t wait!**
* **Review the Fourth Day Packet** with your new Cursillista; point out events and resources. Make sure they know about [www.bayareacursillo.org](http://www.bayareacursillo.org) and the Bay Area Cursillo News email list-serve.
* Take your Candidate to the “Bridge” 4th Day meetings the first few times.
* Take your Candidate (and his/her family) to Ultreya; show them the community you promised them!
* When the next weekend comes along, invite your candidate to participate in Manañitas (you’ll probably have to remind them what that is, of course). Be a bridge between your candidate and the larger Cursillo community.
* When the time is right, encourage your Candidate to Serve, Sponsor or Palanca in the Cursillo community; Encourage your candidate to affect his/her environments; that is what Cursillo is all about!!!

Write a note to yourself summarizing any thoughts you have for the actions you want to take to support your candidate in the very special faith journey.

Sponsor’s Signature

Keep this checklist and your notes as a reminder of the actions that you wish to take.

De Colores!

## Our Secretariat

The San Francisco/San Mateo Cursillo Secretariat is the governing body of our local Cursillo movement. The members currently meet on the second Tuesday of the month (Sept – June) via Zoom.

All Cursillistas are welcome to attend and become a member or join a committee at any time.

Our website can be viewed at **www.bayareacursillo.org.** You can get information on many topics at the site, including maps and directions to the various facilities, downloadable forms, links to sources of palanca, music, information on upcoming teams, plus much, much more.

You can also sign up for the Bay Area Cursillo News email listing.

Articles, suggestions, and comments are always welcome.

## How To Get Involved

So, how do I get involved with Cursillo? There are as many ways as you have the imagination to come up with. Here are just a few suggestions:

* Get involved in an active 4th day group.
* Join the Secretariat!
* Help to palanca a meal.
* Go to mañanitas for the upcoming team.
* Attend an Ultreya.
* Look into being a part of the clown ministry.
* Sign-up to work a team.
* Attend a sponsor’s workshop and sponsor a candidate.
* Share your experience with your friends.

Or, in the words of 50 ways to Love Cursillo:

* Join the secretariat, Harriet
* Get in a 4th Day, Jay
* Help palanca some food, dude
* Come handout a posy, Rosie
* Sponsor your friend, Ben
* Make clowning the rave, Dave
* Tell people where you’ve been, Jen
* Share all the joy, Roy

## Resources to Stay Connected



**San Francisco / San Mateo Cursillo Website**

www.bayareacursillo.org

Find information about weekends, community events, documents and contacts.



**Facebook Page (Public) to Follow**

[www.facebook.com/FriendsofSFSMCursillo](http://www.facebook.com/FriendsofSFSMCursillo)

**Facebook Group (Private) to Join**

Kairos-Cursillo Community of the Bay Area

Share posts for prayers, upcoming events, good news+.



**Bay Area Cursillo**

Cursillo Newsletter of the San Francisco Bay Area

[*Ask*](http://www.cantaelgallo.com/Bay-Area-Cursillo-News_Sign-Up.html) *us how to sign up*

Receive news, needs & prayer requests in your inbox.

|  |
| --- |
| SUGGESTED SPIRITUAL READINGS |
| Underlined authors have an extensive body of work. |
| **Author(s)** |  **Book(s)** |
| Various |  *The Jerusalem Bible* |
|  |  *New American Bible* |
|  |  *New English Bible* |
|  |  *New revised Standard Bible* |
|  | *The New Testament‑Good News for Modern Man* |
|  |  *The Way* |
|  |  *The NIV Serendipity Study bible for Groups* |
|  |  *Christian Prayer: The Liturgy of Hours*  |
| Allen, Charles L. |  *God's Psychiatry* |
| Barry, William A. |  *Paying Attention to God* |
| Bender, Sue |  *Plain and Simple* |
| Bernardin, Joseph Cardinal |  The Gift of Peace |
| Bird, Joseph and Lois |  *Love is All Freedom of Sexual Love* |
| Boyd, Malcolm |  *Are, You Running with me, Jesus?* |
| Breeman, Van |  *As Dread Is Broken* |
| Brother Lawrence |  *The Practice of the Presence of God* |
| Brown, Ray |  *Jesus, God and Me* |
| Brussat, Frederic & Mary Ann (eds.) |  *Spiritual Literacy: Reading the Sacred in Everyday Life* |
| Bucchne, Ferdinand |  *Wishful Thinking* |
| Calkin, Ruth Harms |  *Tell Me Again, Lord, I Forget* |
| Campoli, John F. |  *And the Miracle is* |
| Canfield, Jack & Mark Victor Hanson (eds.)  |  *Chicken Soup for the Soul (Series of‑books)* |
| Carlson, Richard and Benjamin Shield (eds.) |  *Handbook for the Heart* |
|  |  *Handbook for the Soul* |
| Carothers, Merlin |  *Power Of Praise* |
| Carretto, Carlo |  *Letters From the Desert* |
| Cavanaugh, Michael |  *What To Do When You’re Feeling Guilty* |
| Chittister, Joan |  *Wisdom Distilled From the Daily* |
| Cousins, Norman |  *The Celebration of Life* |
| Curran, Dolores |  *In the Beginning There Were Parents* |
|  |  *And Then God Made Families* |
|  |  *Family Prayer* |
| de Caussade, Jean Pierre | *Abandonment to Divine Providence* |
| de Mello, Anthony | *Sadhana: A Way to God* |
| De Rosa, Peter | *Not I But the Wind That Blows Through Me* |
| de Saint‑Exupery, Antoine | *The Little Prince* |
| Doherty, Catherine de Hoeck | *Not Without Parables* |
|  | *Poustinia (Russian Meditation)* |
| Evely, Louis | *Lovers in Marriage* |
|  | *That Man Is You* |
| Fischer, Kathleen | *Women at the Well* |
| Forrell, Edward | *Prayer is a Hunger* |
|  | *The Father Is Very Fond of Me* |
|  | *Surprised in the Spirit* |
|  | *Selected writings* |
| Girzone, Joseph | *Joshua* |
|  | *Joshua and the Children* |
| Green, Thomas H | *Opening to God* |
|  | *Weeds Among the Wheat* |
|  | *When the Well Runs Dry* |
| Gulgi, Jeanette | *Never Miss a Sunset* |
| Hammerskjold Dag | *Markings* |
| Haring, Bernard | *Hope is the Remedy* |
|  | Prayers, the Integration of Faith and Life |
| Hays, M.H. | *Prayers for the Domestic Church* |
| Hayward, Susan | *A Guide for the Advanced Soul* |
| Hillman, James | *The Soul’s Code: In Search of Character & Calling* |
| Holmes, Marjorie | *I've Got to Talk to Somebody, Lord* |
| Houselander, Caryll | *The Need of God* |
| Hurnard, Hannah | *Hinds Feet in High Places*  |
|  | *Mountains Of Spice* |
| Jacobson, David | *Clarity in Prayer* |
| Kaam, Van | *Living Creatively* |
| Kavanaugh, James | *There Are Men Too Gentle to Live Among Wolves* |
| Kazantzakis, Nikos | *The Last Temptation of Christ* |
| Keen, Sam | *Fire in the Belly* |
|  | *Hymns to an Unknown God* |
|  | *To Love and Be Loved* |
| Kornfield, Jack | *A Path with A Heart: A Guide Through the Perils and Promises of Spiritual Life* |
| Kelsey, Morton T. | *A number of writings* |
| Levey, Joel and Michelle | *Living in Balance: A Dynamic Approach for Creating Harmony and Wholeness in a Chaotic World* |
| Levine, Stephen | *Healing into Life and Death* |
|  | *Who, Dies?* |
| Lewis, C.S. | *Mere Christianity* |
|  | *The Screwtape Letters* |
|  | *Surprised by JOY* |
| Lindbergh, Anne Morrow | Gift from the Sea  |
| Link, S.J. Marty | *In the Stillness Is the Dancing*  |
| Lynch, John | *Woman Wrapped in Silence*  |
| Maloney, S.J., George | *Inward Stillness*  |
|  | *Jesus Set Me Free*  |
|  | *Nesting in the Rock*  |
|  | *Inscape*  |
|  | *Bright Darkness*  |
|  | *Reflective Healing*  |
| Marshall, Catherine | *Something More*  |
| McCarroll, Tolbert | *Notes from the Song of Life* |
| McGee, Bill | *What is Beautiful*  |
| McNamara, William | *The Art of Being Human*  |
| McNeill, John J. | *The Church and the Homosexual*  |
|  | *Taking a Chance on God*  |
| Merton, Thomas | *Contemplative Prayer* |
|  | *Contemplation in a World of Action*  |
|  | *What is Contemplation?*  |
|  | *Zen and the Birds of Appetite* |
|  | *Monastic Journey*  |
|  | *Disputed Questions*  |
|  | *Conjectures of a Guilty Bystander*  |
|  | *The Ascent to Truth*  |
|  | *Bread in the Wilderness*  |
|  | Seeds of Contemplation  |
|  | *The Seven Story Mountain*  |
| Moody, Raymond A. | *Life After Life*  |
| Moore, Thomas | *Care of the Soul*  |
|  | *The Re‑Enchantment of Everyday life*  |
|  | *SoulMates: Honoring the Mysteries of Love‑and Relationship*  |
| Mother Teresa | *Something Beautiful for God*  |
|  | *Heart Of Joy*  |
|  | *Words to Love By*  |
| Nelson, Wesley | *Crying for My Mother*  |
| Nouwen, Henri J.M. | *With Open Hands*  |
|  | *The Road to Daybreak* |
|  | *Bread for the Journey* |
|  | *Reaching out* |
|  | *The Wounded Healer* |
|  | *Out of Solitude* |
|  | *Aging* |
|  | *Genessee Diary* |
|  | *Gracias* |
|  | *Compassion* |
|  | *A Cry for Mercy* |
| O'Connor, Elizabeth | *Journey Inward, Journey Outward* |
| Ogilvie, John | *Drumbeat of Love* |
| Oosterhuis | *Your Word is Near* |
| Parmisano, Stan | *Come to the Mountain* |
| Pennington, M. Basil | *Centering Prayer* |
| Powell, S. J., John | *Why am I Afraid to Tell You Who I am?* |
|  | *Why Am I Afraid to Love?* |
|  | *The Secret Of Staying in, Love*  |
|  | *Unconditional Love* |
|  | *Fully Human, Fully Alive* |
|  | *A Reason to Live, A Reason to Die* |
| Prather, Hugh | *Notes to Myself* |
| Quoist, Michael | *Prayers* |
|  | *I've Met Jesus Christ* |
| Raines, Robert |  *Creative Brooding* |
| Redfield, James |  *The Celestine Prophecy (and other readings)* |
| Rinder, Walter |  *Love is an Attitude* |
| Sinetar, Marsha |  *Ordinary People as Monks and Mystics* |
|  |  *Do What you Love, The Money Money Will Follow*  |
| Sujata |  *Beginning to see*  |
| Takenaka, Masao and Ron O'Grady | *The Bible through Asian Eyes*  |
| Ten Boom, Corrie | *The Hiding Place*  |
| Tournier, Paul | *To Understand Each Other* |
| Trobish, Walter | *I Married You* |
| Underhill Evelyn | *Life as Prayer Mysticism* |
| Vardey, Lucinda (ed.) | *God In All Worlds: An Anthology of Contemporary Spiritual Writing* |
| Voillaume, Rene | *Spirituality of the Desert* |
|  | *Truth Will Make You Free* |
| Walker, Alice | *The Color Purple* |
| Wise, Lois | *Love Poems for the Very Married* |
| Wuellner, Flora Slosson | *Prayer, Stress and Our Inner Wounds* |
|  | *Heart of Healing, Heart of Light* |
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## CHRISTIAN BOOKS & SUPPLY STORES

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| Western Christian Bookstore | 1618 Franklin | Oakland | 510-832-2040 |
| Graceland Christian Books | 4261 Century Blvd | Pittsburg | 925-706-8790 |
| Glad Tidings Book & Gift Store © | 660 Main St | Pleasanton | 925-847-9787 |
| Harvest Christian Book Store | 1239 Noriega  | San Francisco | 415-665-9672 |
| Holy Virgin Cathedral Book Store | 6200 Geary Blvd. | San Francisco | 415-221-3255 |
| Western Christian Book Store | 6400 Mission Blvd | Daly City | 650-755-2645 |
| Ave Maria Community Book Center | 1084 S. DeAnza | Saratoga | 408-725-1511 |
| Cotter Church Supplies | 369 Grand Ave. | So. San Fran. | 650-583-5153 |
| E&L Books & Supplies-Watkins Products | 1215 Solano Ave. | Vallejo | 707-554-6892 |
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## WORKING A CURSILLO

Working at a Cursillo can be more rewarding than experiencing one for the first time. I know this seems hard to believe, but many Cursillistas have made this statement, and some feel it gets even better the more you work.

Our guidelines state that you must have been a Cursillista for at least one year before you work your first team. You can get involved in a team during the formative stages as long as the actual weekend will be one year after you made your Cursillo.

Applications to serve on a Cursillo team can be found at [www.bayareacursillo.org](http://www.bayareacursillo.org).